

Massachusetts Law About Elders' Issues

<http://bit.ly/2amMrYh>

Many legal aspects of aging are covered. From Massachusetts Trial Court Law Libraries.

MassMATCH

<http://www.massmatch.org/>

Massachusetts Rehabilitation Commission
600 Washington Street, Boston, MA 02111
877-508-3974 (Toll Free) • 617-204-3851 (V)
617-204-3815 (TTY) • info@massmatch.org
Matches individuals with assistive technology and mobility devices. Many are free or low cost.

MassOptions • <https://massoptions.org/>

MassOptions connects elders, individuals with disabilities, and their caregivers, with agencies that can best meet their needs.

National Institute on Aging

<https://www.nia.nih.gov/health>

Broad range of health topics. Information about clinical trials.

NIH Senior Health

<https://nccih.nih.gov/node/6931>

A service of the National Institute on Aging and the National Library of Medicine (NLM), NIHSeniorHealth provides health and wellness information, including complementary health approaches, for older adults.

Medicare.gov Nursing Home Compare

<https://bit.ly/1CHwbuM>

Detailed information about every Medicare and Medicaid-certified nursing home in the country. Check ratings near you.

800 AGE INFO or 1 (800) 243-4636

<http://www.800ageinfo.com>

For Massachusetts elders and their families. Searchable site with links to local elder services agencies and the Prescription Advantage Program—state-sponsored prescription drug assistance program for seniors and people with disabilities in Massachusetts. Information on home care agencies, assisted living, Councils on Aging.

The Street.com/Weiss Ratings Guides

These are great! They rate providers of long-term care, auto, homeowners, life, and Medicare supplement insurance, and Medicare Prescription Drug Coverage. [CON. REF 368 WEI] and [368 WEI]

U.S. Department of Health and Human Services—Eldercare Locator

(800) 677-1116 • <http://www.eldercare.gov>

Find services for seniors.

Rewarding Work

<https://www.rewardingwork.org/en>

(866) 212-9675

Fee-based site that helps people find and hire respite workers.

Elder Care & Long Term Care Planning Resources



Updated 08/2018 • (781) 270-1691

LOCAL RESOURCES

Burlington Council on Aging

61 Center Street, Burlington, MA
(781) 270-1950 • <http://bit.ly/1mEVbl1>

Minuteman Senior Services & SHINE (Serving Health Information Needs of the Elderly)

24 Third Avenue, Burlington, MA
(781) 272-7177

<http://www.minutemansenior.org>

Local aging services access point for state home care. Help is available for all aspects of elder care including Meals on Wheels program, transportation, and money management.

Cooperative Elder Services

37 B Street, Burlington, MA • (781) 270-5751
<http://www.elderdayservices.com/>
Burlington's adult day care center.

WEBSITES

A guide to nursing home care

<http://1.usa.gov/1tCaCRB>

Guide from the Massachusetts Dept. Of Public Health that provides questions to ask and how to resolve issues regarding nursing home care.

Assisted Living: Weighing the Options from AARP • <http://bit.ly/1KDZz9e>

Article that includes a printed checklist to take with you.

Alzheimer Association, Massachusetts Chapter

480 Pleasant Street, Watertown, MA 02472
(800) 548-2111 • (617) 868-6718

<http://www.alz.org/manh/>

24/7 Helpline • 1 (800) 272-3900

TDD: 1(866) 403-3073

Email: info@alz.org

Information, research, events, caregiver support. Safe return program.

Administration for Community Living (ACL) Older Adults Page • <https://www.acl.gov/node/584>

Federal site with links to agencies and information.

Seniors in need of housing can call the Burlington Council on Aging at (781) 270-1950 to make an appointment with an outreach worker to learn about affordable housing options. They may also call the Burlington Town Administrator's office at (781) 270-1635 and the Burlington Housing Authority at (781) 272-7786.

Check for Benefits

<https://www.benefitscheckup.org/>

The BenefitsCheckUp website helps consumers find benefits programs that help them pay for prescription drugs, health care, rent, utilities, and other needs.

Easter Seals Massachusetts Senior Services

<http://bit.ly/2aD3reu>

Easter Seals offers assistive technology, therapy, and independent living services for seniors with disabilities.

Elder Abuse and Elder Abuse Hotline

<http://bit.ly/2auZSGu>

Elder Abuse Hotline: 1 (800) 922-2275

Executive Office of Elder Affairs

1 Ashburton Pl., 5th Floor, Boston, MA 02108

<http://www.mass.gov/elders/>

(800) 243-4636 • (617) 727-7750

State clearinghouse for information on elder issues.

Longtermcare.gov

<https://longtermcare.acl.gov/>

From the Federal Administration on Aging. Covers many aspects of long term care including insurance.

Long Term Care Insurance: Articles

What You Need to Know About Long-Term Care Insurance • <http://bit.ly/1aS3syO>

Long-Term Care Insurance Explained

<http://nerd.me/2aamrvl>

Long-Term Care Insurance: The Risks and Benefits • <http://bit.ly/2aAML6f>