

Legal

Reporting Elder Abuse & Neglect

<http://bit.ly/2auZSGu>

Elder Abuse Hotline 24/7 • (800) 922-2275

Elder Protective Services can only investigate cases of abuse where the person is 60+ and lives in the community. To report abuse of a person with a disability under 60, call the Disabled Persons Protection Commission at 1 (800) 426-9009. To report abuse of a person by nursing home or hospital, call the Department of Public Health at 1 (800) 462-5540. Call 911 if you have an emergency.

Massachusetts Law about Elders' Issues

<https://bit.ly/3VwKdbL>

Laws, regulations, and sources on law surrounding issues of concern to the elderly. From Massachusetts Trial Court Law Libraries.

Assistive Devices

Easter Seals MA Senior Services

18 Chestnut Street, Suite 200, Worcester, MA

800-244-2756 • (508) 471-1400

<http://bit.ly/2aD3reu>

Easter Seals offers assistive technology, therapy, and independent living services for seniors with disabilities.

MassMATCH

<http://www.massmatch.org/>

877-508-3974 (Toll Free) • 617-204-3851

617-204-3815 (TTY) • info@massmatch.org

Matches individuals with assistive technology and mobility devices. Many are free or low cost.

Elder Care & Long Term Care Planning Resources

Weiss Ratings Guides

These are great! They rate providers of long-term care insurance, auto, homeowners, life, Medicare supplemental insurance, and Medicare Prescription Drug Coverage. [CON. REF 368 WEI] and [368 WEI]



LOCAL RESOURCES

Burlington Council on Aging

61 Center St., Burlington, MA
(781) 270-1950 • <https://bit.ly/3vnxoWC>

Minuteman Senior Services & SHINE

26 Crosby Drive, Bedford, MA 01730
(781) 272-7177 • (888) 222-6171 (toll free)
MassRelay: (800) 439-2370 (TTY/ASCII)
Email: elderinfo@minutemansenior.org
<http://www.minutemansenior.org>
Help with in-home & residential care, caregiver support, public benefits, prescription drug coverage, Meals on Wheels, transportation, and money management. SHINE program provides free health insurance information and counseling.

Cooperative Elder Services

37 B St., Burlington, MA
(781) 270-5751
<https://www.elderdayservices.org/adh/>
Burlington's adult day care center.

WEBSITES

Finding & Evaluating Care

A guide to nursing home care brochure

<https://rebrand.ly/9r1tfkd>

Mass. Dept. of Public Health guide. Lists questions to ask and describes how to resolve issues regarding nursing home care. Multiple languages.

Nursing Home Compare

<https://bit.ly/1CHwbuM>
Detailed information about every Medicare and Medicaid-certified nursing home in the country. Checklist.

Assisted Living: Weighing the Options

<http://bit.ly/1KDZz9e>
Article with printed checklist to bring along when evaluating facilities.

Check for Benefits

<https://www.benefitscheckup.org/>
Assists consumers with finding benefits to offset the costs of medication, health care, rent, utilities, etc.

National Institute on Aging

<https://www.nia.nih.gov/health>
Broad range of health topics.
Information about clinical trials.

U.S. Department of Health and Human Services-Eldercare Locator

(800) 677-1116
Email: eldercarelocator@hhs.gov
<https://eldercare.acl.gov/>
Find services for seniors in Burlington and neighboring communities.

Seniors in need of housing can call the Burlington Council on Aging at (781) 270-1950 to make an appointment with an outreach worker to learn about affordable housing options. They may also call the Burlington Town Administrator's office at (781) 270-1635 and the Burlington Housing Authority at (781) 272-7786.

Administration for Community Living (ACL) Aging & Disability Networks

<https://www.acl.gov/node/584>
Federal site with links to agencies and information.

MassOptions • <https://massoptions.org/>
MassOptions connects elders, persons with disabilities, and caregivers, with agencies.

Executive Office of Elder Affairs

1 Ashburton Pl., 5th Flr, Boston, MA 02108
<http://www.mass.gov/elders/>
(800) 243-4636 • (617) 727-7750
State clearinghouse for information on elder issues.

Alzheimer Association, MA Chapter

480 Pleasant St., Watertown, MA 02472
(800) 548-2111 • (617) 868-6718
24/7 Helpline • (800) 272-3900
TDD: (866) 403-3073
Email: info@alz.org
<http://www.alz.org/manh/>
Safe return program. Information, research, events, caregiver support.

Long Term Care Insurance

Do you need long term care insurance?

In-depth article from mass.gov.
<https://bit.ly/3Gm1hga>

Longtermcare.gov

<https://acl.gov/ltc>
Covers many aspects of long term care.

Long-Term Care Insurance Explained

<https://bit.ly/3i1WTTl>

Long-Term Care Insurance: The Risks and Benefits

<http://bit.ly/2aAML6f>