

Bornstein, Robert F. *When someone you love needs nursing home, assisted living, or in-home care: the complete guide* [362.16 BOR]

Digregorio, Charlotte. *Everything you need to know about nursing homes: the family's comprehensive guide to either working with the institution or finding care alternatives* [362.16 DIG]

Matthews, J.L. *Long-term care : how to plan and pay for it* [362.16 MAT]

Reed, Donna M. *An insider's guide to better nursing home care: 75 tips you should know* [362.16 REE]

Rosofsky, Ira. *Nasty, brutish, and long : adventures in old age and the world of elder care* [362.16 ROS]

Rowley, Stephen F. *The consumers guide to long term care insurance* [362.16 ROW]

Shelton, Phyliss R. *Long-term care : your financial planning guide* [362.16 SHE]

Span, Paula. *When the time comes: families with aging parents share their struggles and solutions* [362.16 SPA]

Mace, Nancy L. *The 36-hour day, 4th edition: a family guide to caring for people with Alzheimer Disease, other Dementias, and memory loss in later life* [362.196 MAC]

Cassidy, Thomas M. *Elder care: what to look for, what to watch out for* [362.6 CAS]
Useful cautionary advice.

Gleckman, Howard. *Caring for our parents: inspiring stories of families seeking new solutions to America's most urgent health crisis* [362.6 GLE]
Excellent.

Loverde, Joy. *The complete eldercare planner, revised and updated edition: where to start, which questions to ask, and how to find help* [362.6 LOV]

Henry, Stella Mora. *The eldercare handbook: difficult choices, compassionate solutions* [362.61 HEN]

Eckert, J. Kevin. *Inside assisted living: the search for home* [362.61 INS]

Frolik, Lawrence A. *Everyday law for seniors* [364.013 FRO]

The Street.com/Weiss Ratings Guides are great! They rate providers of long-term care, auto, homeowners, life, and Medicare supplement insurance and Medicare Prescription Drug Coverage. We have reference 2010 and circulating 2009 versions. Call numbers are: [CON. REF 368 WEI Fall 2010] and [368 WEI Spring 2009]

Beerman, Susan. *Eldercare 911: The Caregiver's Complete Handbook for Making Decisions* [649.79 BEE]

Elder Care & Long Term Care Planning Resources



Updated 01/2011
Burlington Public Library
Reference: (781) 270-1691
www.burlingtonpubliclibrary.org

LOCAL RESOURCES

Burlington Council on Aging

61 Center Street, Burlington, MA • (781) 270-1950
<http://www.burlington.org/COA.htm>

Minuteman Senior Services & SHINE

Program (Serving Health Information Needs of the Elderly) • 24 Third Avenue, Burlington, MA (781) 272-7177 • www.minutemansenior.org
Wonderful organization. Local aging services access point for state home care. Help is available for all aspects of elder care including Meals on Wheels program and money management.

Cooperative Elder Services

37 B Street, Burlington, MA • (781) 270-5751
Burlington's adult day care center.

Pass It On

(800) 267-6768 • (508) 477-6966
Free wheelchair loan program for as long as needed. There is a \$250.00 delivery fee.

Elder Abuse Hotline • 1 (800) 922-2275

Executive Office of Elder Affairs

WEBSITES

Massachusetts Law About Elders' Issues

<http://www.lawlib.state.ma.us/subject/about/elder.html>
Excellent site from Massachusetts Trial Court Law Libraries. Many legal aspects of aging are covered.

Nursing Home Compare

www.medicare.gov/nhcompare/
From the official government site for Medicare, "this tool has detailed information about every Medicare and Medicaid-certified nursing home in the country."

Executive Office of Elder Affairs

1 Ashburton Place, 5th Floor
Boston, MA 02108 • www.ma.gov/elders
(617) 727-7750 • (800) 243-4636
State clearinghouse for information on elder issues. Includes 1 (800) AGE INFO or 1 (800) 243-4636—a searchable site for consumers and caregivers with links to local elder services agencies and is also home to the Prescription Advantage program—the state-sponsored prescription drug insurance plan for Massachusetts seniors and disabled residents.

U.S. Department of Health and Human Services

Administration on Aging • www.aoa.gov
Washington, DC 20201 • (202) 619-0724
Find local programs, long term care information, information on benefits and services for elders and their caregivers. Comprehensive.

U.S. Department of Health and Human Services—Eldercare Locator • www.eldercare.gov

1 (800) 677-1116
This database connects seniors and their caregivers with information on senior services.

Alzheimer Association

Massachusetts Chapter • www.alzmass.org
311 Arsenal St. Watertown, MA
(800) 548-2111 • (617) 868-6718
Information, research, events, caregiving advice and support. Safe return program.

National Clearinghouse for Long-Term Care Information

http://www.longtermcare.gov/LTC/Main_Site/Planning_LTC/Information/index.aspx
From the U.S. Department of Health and Human Services. Provides resources to assist in planning for long term care.

Smartmoney.com's Personal Finance: Insurance: Long Term Care

www.smartmoney.com/personal-finance/insurance/?topic=long-term-care
Excellent and timely articles on planning for elder care and long term care insurance.

National Institute on Aging—Resource Directory for Older People

www.nia.nih.gov/HealthInformation/ResourceDirectory.htm
Comprehensive directory of organizations that support the aging community.

BOOKS (Arranged by call number for easy browsing)

Driscoll, Marilee. *The complete idiot's guide to long-term care planning* [352.16 DRI]

Ehrenclou, Martine. *Critical conditions : the essential hospital guide to getting your loved one out alive* [362.11 EHR] Excellent.

Assisted living in Massachusetts. 2009 resources guide [362.16 ASS 2009]